

**RCLDS #1: The London 10,000m (inc. AO & OMA 10,000m Championships)****TD Stadium, London, ON - 2018-05-13****Meet Program - RCLDS #1: The London 10,000m****Event 43 Women Open 800 Meter Run Open (16)****Sunday 2018-05-13 - 7:10 PM**

**Canadian:** 1:57.01 2017-07-21 Melissa Bishop  
**Ontario:** 1:57.01 2017-07-21 Melissa Bishop (88)  
**RCLDS:** 2:05.74 2011-05-24 Melissa Bishop

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Section 1 of 2 Finals**

1	100 Tegan Parry	04	London Runner Di	2:50.00
2	94 Lauren Groppler	07	London Runner Di	2:50.00
3	89 Laine Barnfield	04	London Runner Di	2:55.00
4	92 Lauren Coome	07	London Runner Di	3:00.00
5	93 Whitney Coome	08	London Runner Di	3:00.00
6	482 Emma Wolfe	05	London Western T	3:30.00
7	481 Ainsley Vasarhelyi	06	London Western T	3:30.00
8	478 Sarah Sobko	05	London Western T	3:30.00

**Section 2 of 2 Finals**

1	184 Janelle Hanna	95	Unattached	2:12.00
2	197 Olivia Romaniw	95	Unattached Ontar	2:12.00
3	86 Hannah McIntyre	05	London Legion TF	2:25.00
4	85 Emily Gilhuly	03	London Legion TF	2:26.00
5	196 Lorelai Phinnemore	05	Unattached Ontar	2:27.00
6	495 Samara Quanz	02	Saugeen Tfc	2:28.00
7	493 Ana Morariu	03	Saugeen Tfc	2:31.00
8	496 Grace Wheeler	05	Saugeen Tfc	2:34.00

**Event 44 Men Open 800 Meter Run Open (17)****Sunday 2018-05-13 - 7:20 PM**

**Canadian:** 1:43.68 2008-07-29 Gary Reed  
**Ontario:** 1:43.95 2016-07-22 Brandon McBride (94)  
**RCLDS:** 1:47.23 2015-06-28 Anthony Romaniw

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Section 1 of 2 Finals**

1	99 Rhys Parry	06	London Runner Di	2:45.00
2	98 William McBurney	08	London Runner Di	2:50.00
3	480 William Taylor	07	London Western T	3:00.00
4	181 Leo Wiebe	06	London Runner Di	3:00.00
5	467 Abeti Botterell	07	London Western T	3:00.00
6	473 Dylan Brookes	06	London Western T	3:00.00
7	90 Jackson Cairns	09	London Runner Di	3:10.00
8	97 Keegan McBurney	09	London Runner Di	3:10.00
9	422 Griffin Wick	07	London Runner Di	3:20.00

**Section 2 of 2 Finals**

1	190 Remy Binns	91	Unattached Ontar	1:53.44
2	486 Asad Bari	98	Phoenix Athletic	1:58.50
3	195 Brock Martin	95	Unattached Ontar	1:59.00
4	198 Joshua Ching	94	York University	1:59.00
5	492 Daniel Khan	02	Saugeen Tfc	2:02.00
6	489 Jake Clarke	99	Saugeen Tfc	2:02.00
7	490 Matthew Donnelly	01	Saugeen Tfc	2:02.00
8	189 Ian Aseltine	81	Unattached Ontar	2:07.00

**Event 71 Women Open 1500 Meter Run Open (7)****Sunday 2018-05-13 - 7:30 PM**

**Canadian:** 4:00.27 1985-09-30 Lynn Williams  
**Ontario:** 4:02.29 2005-08-28 Carmen Douma-Hussar (77)  
**RCLDS:** 4:06.82 2015-06-21 Nicole Sifuentes

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Section 1 of 1 Finals**

1	479 Emma Tallman	91	London Western T	4:30.00
2	74 Jasmina Brar	01	Durham Drago	4:45.00
3	81 Kaitlyn Pansegrau	94	Harbour Track	4:48.00
4	79 Mikayla Hewitt	98	Harbour Track	4:52.00
5	494 Brooklyn Quanz	05	Saugeen Tfc	5:25.00
6	499 Arielle Aitken-Guignard	03	Unattached	5:25.00
7	500 Cerena Aitken-Guignard	05	Unattached	5:29.00

**Event 72 Men Open 1500 Meter Run Open (19)****Sunday 2018-05-13 - 7:38 PM**

**Canadian:** 3:31.71 2000-06-30 Kevin Sullivan (74)  
**Ontario:** 3:31.71 2000-06-30 Kevin Sullivan (74)  
**RCLDS:** 3:37.51 2012-06-22 Taylor Milne

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Section 1 of 2 Finals**

1	120 Seth Sommerfreund	05	London Runner Di	5:30.00
2	129 Simon Veitch	06	London Runner Di	5:30.04
3	88 Hayden Agar	04	London Runner Di	5:31.02
4	96 Ian McAllister	05	London Runner Di	5:36.77
5	477 Lucas Sharman	06	London Western T	6:00.00
6	474 Luke Feltham	06	London Western T	6:00.00
7	475 Connor Gibson	07	London Western T	6:30.00

**Section 2 of 2 Finals**

1	200 Sacha Smart		U of Toronto TC	3:47.99
2	428 Hunter Andrin	93	London Western T	3:52.37
3	497 Marcus Kemp	00	Speed River Tfc	3:52.47
4	485 Campbell Lee	00	Niagara Olym	3:52.83
5	13 Dilan Brar	98	Durham Drago	4:00.00
6	84 Ryan Tyrrell	98	Harbour Track	4:01.47
7	476 Mitchell Heyink	98	London Western T	4:05.00
8	193 Derek Hick	95	Unattached Ontar	4:05.00
9	199 Muad Issa	93	York University	4:12.00
10	91 Paul Cochrane	89	London Runner Di	4:15.00
11	192 Marley Dickinson	95	Unattached Ontar	4:16.00
12	491 Liam Fitzgerald	02	Saugeen Tfc	4:22.09

**RCLDS #1: The London 10,000m (inc. AO & OMA 10,000m Championships)****TD Stadium, London, ON - 2018-05-13****Meet Program - RCLDS #1: The London 10,000m****Event 141 Women Open 10000 Meter Run Open (5)****Sunday 2018-05-13 - 7:55 PM****Canadian: 31:41.59 2015-05-02 Natasha Wodak****Ontario: 31:44.74 2003-05-02 Courtney Babcock (72)****RCLDS: 33:10.47 2011-05-08 Megan Brown**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Section 1 of 1 Finals**

1	487 Branna MacDougall	98	Physi-Kult Kings	33:00.00
2	124 Leslie Sexton	87	London Runner Di	33:14.91
3	488 Claire Sumner	95	Physi-Kult Kings	33:47.00
4	78 Tanis Bolton	91	Grand River	35:40.00
5	188 Molly Steer	95	Unattached	37:23.00

**Event 142 Men Open 10000 Meter Run Open (16)****Sunday 2018-05-13 - 8:40 PM****Canadian: 27:02.35 2017-08-04 Mohammed Ahmed****Ontario: 27:02.35 2017-08-04 Mohammed Ahmed (91)****RCLDS: 28:58.90 2015-05-10 Kelly Wiebe**

Lane	Name	Yr	Team	Seed Time
------	------	----	------	-----------

**Section 1 of 2 Finals**

1	498 Walter Faion	60	U of Toronto TC	40:00.00
2	87 Chuck Edwards	45	London Pacer	55:20.10
3	194 Steffen Kampe	36	Unattached Ontar	1:22:22.22

**Section 2 of 2 Finals**

1	433 Kevin Blackney	91	London Western T	29:55.00
2	80 Blair Morgan	93	Harbour Track	29:58.20
3	182 Chris Balestrini	92	Unattached	30:00.00
4	82 Sergio Ráez Villanueva	97	Harbour Track	30:00.01
5	187 Phil Parrot-Migas	93	Unattached	30:15.00
6	83 Paul Rochus	94	Harbour Track	30:34.18
7	185 Rob Kanko	96	Unattached	30:39.00
8	77 Max Turek	99	Durham Drago	30:48.00
9	186 Graeme Law	90	Unattached	31:00.00
10	191 Brett Crowley	94	Unattached Ontar	31:00.00
11	183 Matt Flood	97	Unattached	31:15.00
12	484 Adam Hortian	84	Newmarker Huski	31:30.00
13	483 Esteban Clavijo	91	Newmarker Huski	32:30.00